



St. Elizabeth

May 31

Who was St. Elizabeth?

St. Elizabeth is a figure of great significance, known for her righteousness and connection to the Virgin Mary. Her Feast Day is celebrated annually on November 5, but the school recognizes it on May 31st. Belonging to the lineage of Aaron and married to Zechariah, a priest, Elizabeth was devout; she lived blamelessly before God, yet remained childless.

The pivotal moment in Elizabeth's life came when the angel Gabriel appeared to Zechariah in the temple, promising the couple a son, John. Despite their old age, Elizabeth and Zechariah were to rejoice, for John would be extraordinary, set apart for God's work and filled with the Holy Spirit from before his birth.

When Zechariah expressed doubt, he was struck mute until the prophecy was fulfilled. However, Elizabeth's faith remained steadfast, and she conceived as foretold, rejoicing in the blessing bestowed upon her.

Shortly after, Mary received her own divine visitation from Gabriel, announcing her role in bearing the Saviour, Jesus. Mary's subsequent visit to Elizabeth affirmed their bond, as Elizabeth's unborn child leaped in her womb at the sound of Mary's greeting. Filled with the Holy Spirit, Elizabeth recognized the significance of Mary's child and proclaimed her blessed among women.

After Mary departed, Elizabeth gave birth to John and obediently named him as instructed by Zechariah. In that moment, Zechariah's obedience was rewarded with the restoration of his speech, a sign of God's faithfulness. Though her story fades from biblical mention, it remains a testament to faith, obedience and the remarkable role of women in God's plan of salvation.

[St. Elizabeth CHS Website](#)

[Prince of Peace Parish Website](#)



Quotes

*"St. Elizabeth is a model for those in authority."
-Pope Benedict XVI*

"Blessed are you among women, and blessed is the child you will bear! But why am I so favoured, that the mother of my Lord should come to me?"

"As soon as the sound of your greeting reached my ears, the baby in my womb leaped for joy. Blessed is she who has believed that the Lord would fulfill his promises to her!"

Prayer

In the name of the Father, and of the Son and of the Holy Spirit;

Heavenly Father,

We gather today to celebrate the feast day of St. Elizabeth, a model of charity, humility, and faith. We thank You for the example she set through her tireless service to the poor and her unwavering trust in Your divine providence.

St. Elizabeth, you who dedicated your life to helping those in need, inspire our students and staff to act with compassion and generosity. May we follow your example in loving and serving others, especially the less fortunate among us.

Grant us the grace to emulate St. Elizabeth's humility and faith. Help us to see Christ in every person we encounter and to respond with kindness and love. Guide our hearts and hands to do Your will, fostering a community of care and support within our school.

We ask this through Christ our Lord. Amen.

St. Elizabeth, pray for us

Amen.

Patron Saint of:

Bakers

Beggars

Brides

Charitable
Workers

Hospitals

Widows





York Catholic District School Board



**FEAST DAY:
May 31**

**SCHOOL LOCATION:
Thornhill, ON**

"God is like a looking glass in which souls see each other. The more we are united to Him by love, the nearer we are to those who belong to Him."

PATRON SAINT OF:

- Bakers
- Beggars
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St. Elizabeth

