



## Emma Castillo

This spring, our school is proving that small acts of kindness can build something big and meaningful — like a custom playground for a child in our community bravely battling cancer. This project is done in partnership with Million Dollar Smile (MDS), a non-profit organization that is dedicated to putting smiles on the faces of children who are going through major health challenges. For months, St. Elizabeth's Construction and Transportation SHSM students have been actively raising money to support the construction of the playground.

Why should students support this cause? Meet Dovid, a 3½-year-old boy who has a visual impairment. Most children who have health challenges or special needs are not able to go to public parks and play. By creating this playground, we are surprising them and sharing kindness amidst their life-altering diagnosis, as well as reminding them

that they are loved and valued. How is the Construction and

How is the Construction and Transportation SHSM "Dream Team" going to raise enough money for this build? They have created 4 student-led campaigns that not only involve the student body, but our local community as well. These initiatives include car detailing, the \$10 Teddy Bear Campaign, Community Drive-Thru Car wash, and a Civvies day for all students. All profits raised by these events will directly support the construction of the playground.

In an interview with Ms Bastone, the Coop Department head here at St. Elizabeth, she stated that she hopes that by raising awareness of this cause we can come together as a community and help this family as much as we possibly can.

St. Elizabeth is only the 2nd school to collaborate with MDS, which is proof that not enough people know about this initiative and the lives it can change. If you want to support this amazing organization and help fund more builds like this, please donate at www.milliondollarsmiles. ca. As a Catholic school, it is crucial to remember one of our most important virtues, charity and kindness, and demonstrate it by supporting those in need.







## Emma Castillo

In a step toward greater accessibility, St Elizabeth has unveiled a new playground designed specifically to meet the needs of a visually impaired child in the community—marking a meaningful milestone in inclusive outreach and design. On May 28th, 2025, St Elizabeth's own Dream Team dedicated the day to the construction of this unique playground to meet Dovid needs.

Over 6 hours of work, we faced ups and downs. However, Million Dollar Smile volunteers there helped whenever our team needed guidance. Antoinette, an experienced member with over 16 completed projects, explained that the reason she joined MDS was because she felt a need to give back to a cause, and when visiting a car show she saw a MDS shirt and got involved with the group.

This project was not only a great opportunity to help the community, but it allowed our students to create lasting memories and take away valuable insights. One of our students, Dylan said "The key takeaway for me is the importance of supporting children and those in need." Another student Oleksandr said, "I have learned construction experience, the importance of teamwork, and definitely had a lot of fun."

Once the project was completed, Dovid came back home to see an amazing playground in his backyard. He excitedly started playing alongside his brother and sister. Dovid's father, Mark, stated that "This brings hope to our family, knowing that compassionate organizations like these are looking out for children with special needs and that there is always good in this world."

In the end, this experience allowed St Elizabeth students to overcome hardships, build stronger teamwork, and deepen their connection to their community.





## Sofia Pantarotto

On May 5, 2025 we commemorate an important day. This is the day to remember and respect the First Nations women and girls who have been kidnapped and murdered. This number of women has been increasing at a significantly high rate. The YCDSB Indigenous community reached out to the St. Elizabeth Crochet Club and the Canadian Studies department to do something to raise awareness for the cause.

The Crochet Club made wind

catchers and hung them on a tree in front of our school for the occasion as an art insulation. It was a symbolic way to easily create memorable awareness and raise school spirit. The students chose the wind catchers because not only were they easy for the beginner members of the club but would also look nice hanging in the wind. The club has been preparing since last week and hoped to leave a lasting mark on the school. They made the catchers in different shades of red to represent the bloodshed and violence that was endured

by the Indigenous women and girls. The Canadian Studies department also contributed to this cause by creating posters and placing them in front of the library. The instal-lation will create a space where the stories of missing and murdered In-digenous women, girls, and children are shared. These stories include those of Leslie Talley, Freda Good-

running, Jeannette Chief, and many, many more. They are currently located right outside the library for your viewing. It is a popular place for

students and located in the middle of

the school so students will likely see it on a regular basis. The visual lesson is intended to raise awareness to help everyone learn about this issue and to support and respect Indigenous Peoples in Canada. "We say the spirits that have passed see bright colours the best, red in particular. So hanging the red dresses helps lost spirits find their way home to their loved ones"











## Resolve yourself join the Debate Team



## Camryn Bland

The St. Elizabeth debate team is back from another successful season, this time even better than before. This April, the junior team had 3 weeks to prepare for the finals tournament, where they would compete against the 3 other best teams in the forum. Only the Juniors, (grades 10-11), made it to the finals, but with the help of the entire debate team, the Juniors represented our school remarkably well.

Throughout the 4 regular tournaments in the year, there have been many interesting topics debated, such as celebrity endorsements, judging historical figures, corporate media, and educational achievement. However, the final topic was much more difficult, as the debate organizers tend to save some of the more controversial topics for last. In 2024, the topic was regarding animal testing, but this year it hit a bit closer to home for

our Catholic school. The resolution was: Be it resolved that religion does more good than harm. With those ten words, the four members of the junior debate team launched into hours of research, editing, and practising to create the perfect speeches.

Despite the difficulty of the resolution, both side pro and con had more to say than they could fit into a 5 minute speech. As Catholic students, we can see that religion helps people through their darkest times, inspires beautiful artwork and music, and that it leads to meaningful humanitarian aid. However, we have to acknowledge how it has oppressed the equality movement, blocked scientific progress, and has been misused by both politicians and cult leaders to ruin lives.

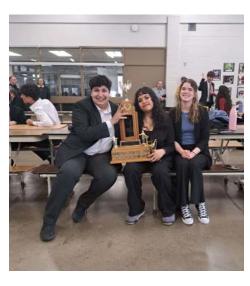
Eventually, the debaters chose their arguments and wrote their speeches, and soon enough, it was April 26th, the day of the tournament. The debaters

had written their final speeches, memorised them, and were prepared for the last tournament of the year, which was located at James Cardinal McGuigan, a Catholic high school in Toronto.

As prepared as the debaters were for their first 2 rounds, there was no way to prepare for the improv topic, which is always the 3rd and final round of the day. The topic was Be it Resolved that High School teaches students the skills they need. The debaters spent the entirety of their lunch hour plotting and planning their points based on another complicated resolution, this one even more stressful than the last.

Soon enough, the final round was over, and it was time to hear the results. Would the hours of writing and practice pay off? The answer was yes! The junior debate team came first place, an achievement our school's debate team has never experienced before. In addition to the amazing

team win, Aaryah Ramlal and Rosa Quast won the prize for first and third place junior debater, respectively. The debaters and their coach Ms. Mansey are all extremely happy with this year's performance, and are excited to tackle new resolutions again next year. While the debaters enjoy hard-earned rest, take a second to debate with yourself, Be it Resolved that I Should Join the Debate Team. The entire debate team is on the affirmative side, and hope to see you in the team tryouts next September!









# Best Buddies St. E. Chapter 24/25



Tara Avsec (Co-President of Best Buddies Chapter)

At St. Elizabeth Catholic High School, the Best Buddies chapter creates a more inclusive and compassionate school environment by fostering friendships between all students. The chapter works closely with students in the Functional Life Skills (FLS) and Social Communication (SCP) program, planning and implementing activities and fundraisers to promote acceptance and celebrate inclusivity. This year, our council organized holiday parties exclusively for the FLS/SCP students for Halloween, Christmas, Valentine's Day, and Easter. The students participated in creative arts and crafts, themed dances, and games. Furthermore, our council had school-wide events, including fundraisers for Down Syndrome Awareness Day, Autism Awareness Day, and Best Buddies Day, raising an amazing \$200 for the charities. We also raised awareness for LD Month, Red Shirt Day, and Orange Shirt Day. As part of our council, we pair students in one-on-one buddy pairs to encourage daily interaction and build life-lasting relationships. Before the end of the year, our chapter is looking forward to attending the YCDSB Special Olympics and jump-starting summer with our end-of-year Best Buddies Bash! The focus for our chapter is to help break down social barriers, build empathy, and ensure all students feel valued, respected, and connected. Best Buddies plays a vital role in shifting the school culture around inclusivity and equity, proving that small acts of kindness can make a lasting impact on others.





## Fur-get Your Stress: Paws and Breathe Sophia Agro & Yuna Jeong Did you know that therapy dogs are a proven, reliable method of treating stress? Studies have shown that interacting with therapy dogs can cause a drastic decrease in stress hormones such as cortisol. This improvement in one's mood helps lower anxiety and provides emotional support The presence of a calm, friendly dog can give a sense of comfort that reduces feelings of loneliness and encourages social interaction. St. Elizabeth has recruited these fluffy friends to participate in presence of these fuzzy friends. school activities multiple times! The St. John's Ambulance Therapy Dog company has been interacting with our students for a few years and has made a significant impact. These dogs work to improve the mental well-being of all students, provide learning opportunities in the form of life drawing, and so much more! On January 15th, 2025, therapy dogs came to St. Elizabeth to pro-(Continued below) vide students with the chance to

destress in the library. This association reinforced the library as a safe space and provided students with an excellent opportunity to have some fun and relax. The mental health awareness club, Jack.org, invited these emotional support dogs and organized the event. Students had to book an appointment through a Google Form in order to meet, pet, and play with the therapy dogs for 5 minutes; these appointments were available during all three lunches. Thanks to this council's dedication, students got a break from their stress and were able to acquire some comfort from the

Apart from improving mental health and brightening our days, these puppies have come in on numerous occasions as models for the art classes. Their stunning poses and adorable frames make for perfect life drawing practice, providing a new challenge for many of our students and an excellent growth opportunity. During this workshop, students

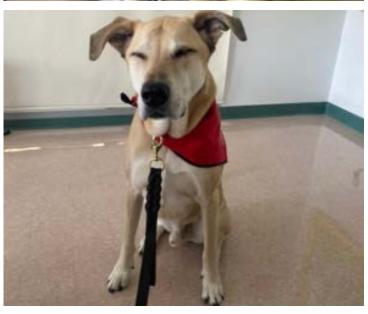












are taught and shown how the fu r flows and the overall structure of the dog, such as the muscles and bone structure. Once basic anatomy is understood, everyone gets a period to relax and sketch these little cuties. For many, this is their first time exploring life drawing with a moving animal

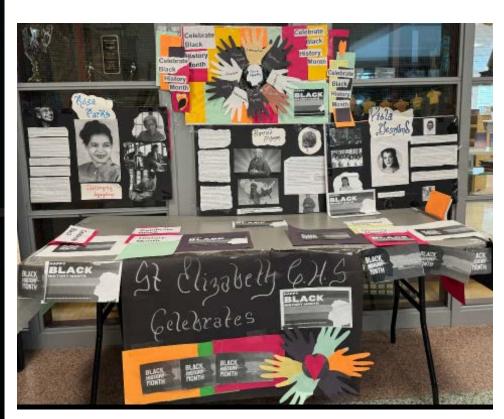
During the sketching, the dogs hold still to the best of their ability, starting at 30-second intervals and moving up to 5 minutes. The students had to draw quickly and freely to make the most out of each pose. This take on sketching helps build flexibility and the skills needed to create dynamic artwork. After the school day or class period ended, art students and those who walked by the drawing room could cuddle and play with these cute fluff balls. Thanks to these recurring life drawing workshops, St. John's Ambulance has developed a strong bond with our art department and even requested the cre-

ation of colouring book pages from St. Elizabeth students in exchange for volunteer hours. Working with the Regional Arts Digital program, students who volunteered were each assigned a dog and had creative liberty in creating a colouring page for them. These pages are given out to children the dogs visit, likely at elementary schools, hospitals, and community centers. Spending a few minutes with these adorable therapy dogs never fails to turn a ruff day into a bright one! The dogs encourage students to take a break and deliver a sense of comfort that words often can't give, but a gentle paw can.

Despite feeling overwhelmed, a few minutes with these peaceful pups can make a huge difference. It may be just a quick pat, cuddle, or some soft pets, but the therapy dogs can turn a stressful day into one filled with smiles!



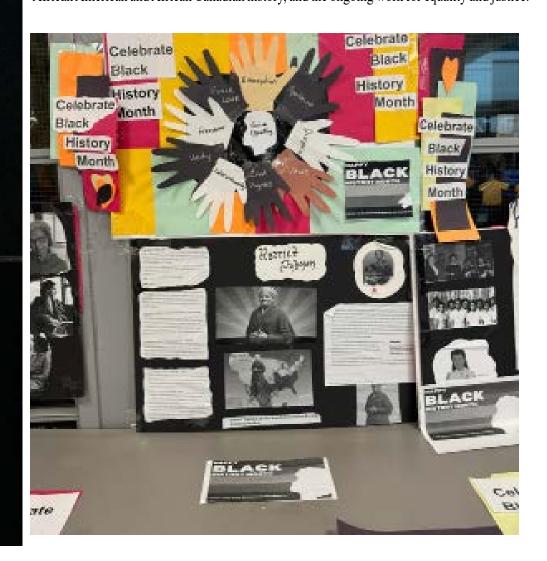
# The Legacy of Black Excellence



## Monique Maghakian

February marks the month where Canadians commemorate the legacy of African-Americans. It is a time where we honour their heritage and celebrate their culture, achievements, and contributions. The 2025 theme for Black History Month is, "Black Legacy and Leadership: Celebrating Canadian History and Uplifting Future Generations." This theme recognizes the diversity of Black Canadians and the importance of Black leadership. It acknowledges the legacy that they have built for future generations.

In honour of this theme, the council for Standing Together for Racial Inclusivity, Diversity and Equity (STRIDE) at St. Elizabeth has organized an inspiring and informative display to recognize Black Excellence. In front of the library, they created a timeline display of key African-American figures and their significant events that they led or participated in. They seek to provide the St. Elizabeth community with an opportunity to engage with significant historical content that fosters empathy, unity, and activism. This initiative honours and amplifies the voices of African-Americans, while celebrating their achievements and contributions. They encourage students to listen to their stories in order to gain a deeper understanding and appreciation for African American and African Canadian history, and the ongoing work for equality and justice.





# St. Elizabeth Students Present Research at U of T

Lorenzo Rivera

On Saturday, February 15th at the OISE Building on Bloor St W, Kaaren Aryaan, Ricky Park, and Lorenzo Rivera, three Grade 12 physics students, represented St. Elizabeth CHS at the largest student research competition in Canada. They competed in the 72hour University of Toronto Student Research Initiative (UTSRI) Case Competition.

The competition called them and other senior physics students to create or find a solution to reduce carbon emissions in the transportation industry. Besides the senior physics division, they also offered a junior division which aimed to find solutions to climate change on a fictional island nation, a senior chemistry division which called students to research the effects of road salt on nearby infrastructure, and a senior biology division which tackled the challenges of invasive species and how genetically modifying plants could solve the issue. The case studies were released to competitors on February 10th at 11:59 PM and submissions closed on February 13th at 11:59 PM, granting students exactly 72 hours to conduct research and organize a presentation.

For St. Elizabeth's competitors, they decided to showcase the idea of Hyperloop trains as the future of public transportation, reducing carbon emissions. The Hyperloop is essentially a capsule levitating via electromagnets in a low pressure tube. This allows for maximum acceleration as the forces of gravity, friction, and air resistance are avoided altogether. The idea is considered open to the public so companies







across the globe are creating prototypes and eventually, fully-functioning Hyperloops. Many prototypes and designs have the Hyperloop powered by solar energy, an abundant renewable energy source. On top of maximizing the acceleration and thus fuel efficiency, the Hyperloop is, altogether, a very promising solution to carbon emissions in public transportation.

At the beginning of the competition day, competitors were welcomed to UTSRI and the OISE building with an opening ceremony, acknowledging the hard work that was put into organizing the event and providing words of encouragement. Competitors were then escorted to student lounges depending on division and were free to further prepare, socialize, or sign out to traverse the streets of downtown Toronto before or after their allotted presentation time. Following the presentations, the judges, which consisted of a PhD candidate and two undergraduate students, provided feedback to every group. During the closing ceremony, St. Elizabeth's representatives did not win any awards, however, they courteously cheered on the winners at the closing ceremony for their accomplishments and innovative ideas.

While St. Elizabeth's competitors did not win any awards on Saturday, their efforts and representation is something to be proud of. As physics students planning to go into the fields of engineering and architecture, what they have researched for this competition may become their very careers, paving the way for a carbon-efficient future.



## Back 2 Back! The Panthers are CHAMPIONS once again for Youth Bocce

This tournament is one we can all be proud of. Our athletes gave it their all, showing true sportsman-ship and an undeniable passion for the game. After going unde-feated, they advanced to Provincials, where they competed with heart and shared their love for the sport and spirit of camaraderie with other teams. A special shout out to our Youth Bocce bursary winner Klym N., congratulations!
Youth Bocce Canada supports over 400 athletes with disabilities across the GTA and York Region. Built on a foundation of trust and unwavering dedication, the organization uses the game of Bocce to foster participation, encourage socialization, and build a strong sense of community among its athletes. Check out Youth Bocce Canada: https://www.youthbocce.com/ history

Ms. Arista
Bocce Coach & Department
Head of Student Services
Photo credit: Buddha Photography

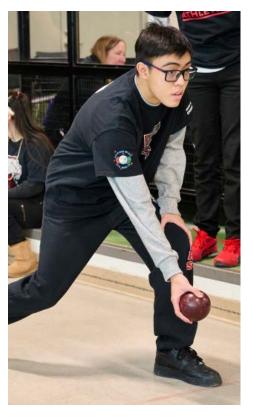


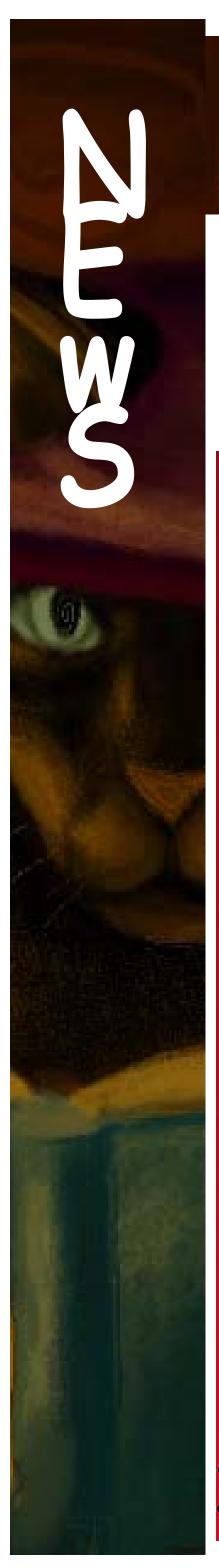




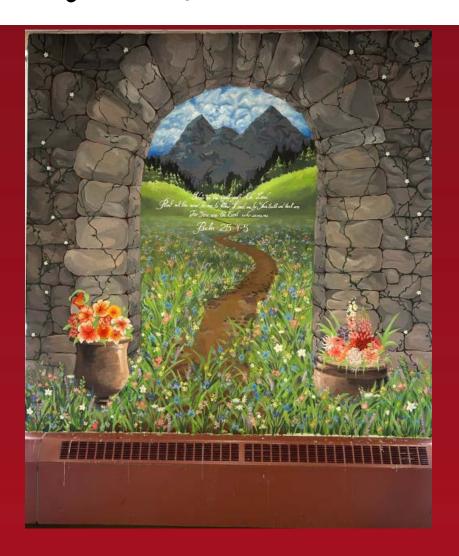








# Inspiring Mural Finished





ARTISTS: Kiara Motta, Alysa Stoyles, Sarah Link, Hanna Kaylo, and Emily Pasion.

# Star Wars: May the Force be With You!





A long time ago in a galaxy far, far away...two forces collide as lightsabers slash the air- Whoosh! A blue lightsaber strikes the Sith in red, 'I MUST HAVE A CUPCAKE' the Jedi screams! This is war. This is vengeance. This is...May the Fourth!

Perhaps the day wasn't that intense, but May Fourth is not an event to be overlooked at St. Elizabeth CHS. Sadly, this year, May the Fourth fell on a weekend. Nevertheless, Panthers aren't quitters, so on May 6th, St Elizabeth's Media Council, an entirely student-run club, organized a cupcake and freezie sale to celebrate this unofficial Star Wars holiday and welcome our movement into spring.

May the Fourth is celebrated by Star Wars fans worldwide, inspired by the iconic phrase "May the Force be with you." This unofficial Star Wars holiday started in 1979 when the phrase "May the Fourth be with you" was first used in a newspaper ad congratulating British politician Margaret Thatcher on becoming the Prime Minister. Star Wars fans continuously used the phrase "May the Force be with you!" over the years, which developed into a tradition. Thus, many fans started to celebrate Star Wars Day on May the Fourth, sharing their love for the franchise. The day stands as a fun time to excuse galactic giddiness, cosmic kookiness, silly antics, and honour the movies. Throughout the years, our school has embraced it as a

full-fledged event of fandom, fun and community. To promote the day and encourage excitement, Media Council produced a short, entertaining promotional video featuring students, Star Wars references, and a sneak peek into the upcoming bake sale, advertising the day and encouraging school spirit. The video was shared online on the @StE\_MediaCouncil Instagram, and the sale was also mentioned during announcements.

During all three lunches (A, B and C), students were prompted to grab some delicious, homemade cupcakes and a refreshing freezie that were being sold just outside the cafeteria. The Cupcakes, when bitten into, displayed a red or blue frosting, determining which side of the galactic battle a student may fall, Jedi (blue) or Sith (red). The cafeteria itself was transformed into a mini theatre as a Star Wars movie played during all lunch blocks, allowing the students to relax and enjoy their nostalgia while snacking on some galactic goodies.

Events like these mean more than just treats. Events such as May the Fourth bring students together, help ease anxiety and create a fun, memorable environment for the students, inspiring creativity and gaining some iconic high school experiences. Until next year, May the Force be with you!

LINK TO PHOTOS: https://drive.google.com/drive/fo lders/1W3fFkp1I1qYuyk6Ra86V btWvIS-hIRQC?usp=sharing









# Thinkfast for the less fortunate





Savannah Chu Morrison

Thinkfast is a fundraiser that St. Elizabeth has been organizing for over 20 years to support the students and graduates of our sister school in Tanzania, St. Gaspar Primary School. Every year we raise enough money to pay for the tuition of students who need the most financial support. On May 22, Thinkfast leaders conducted interactive learning sessions about the United Nations Sustainable Development Goals. We all reflected on what we can do to better our society.

Due to rain, we were unable to do our usual 8km walk around the track in mindfulness, thinking about how far children in Tanzania walk every day to get water. Instead, the phys ed department allowed us to play badminton, and a great time was had by all of us.

The two main goals of Thinkfast are to help those

The two main goals of Thinkfast are to help those who are less fortunate while also opening our hearts to our fellow classmates. What is the point of reaching out to those around the globe if we don't do the same for the people sitting beside us in class?

In an era where too many of us tend to be a bit closed off, Thinkfast is a great opportunity to build new friendships with people who should not be total strangers. We experienced each other's kindness in a judgement-free environment. I highly recommend that you join us next year. You don't need to sign up with friends, but you will leave with them.













# Leaders learning useful tools



## Lorenzo Antonio Rivera

On Wednesday, February 26th, St. Elizabeth's student-leaders spent their morning learning useful tools about leadership and solution-focused communication. A myriad of St. Elizabeth's clubs and councils were represented as their presidents and various members took part in this training. Organized by Ms. Acacio and administration, the training was led by Vicky Essebag MEd-CPSY, OCT, CSFC and author of Relationspaces: A Solution-Focused Handbook for Parents. Every student attending the training received a copy of the book and while labelled as a book for parents, it provides valuable tools for everyone interested in effective, solution-focused communication and leadership. Her training consisted of various group dis-



drawing activity. In the end, St. Elizabeth's present and future leaders took away valuable lessons to be shared with their respective clubs and councils, ensuring a solution-focused future at St. Elizabeth CHS.





## Faith, Fellowship & Fun: Wrapped Up Sofia Maietta, Natalie Mallia & dent writing down their burdens on a sticky note and putting it in Mrs Mina Sangermano a treasure box. This represents (Chaplaincy Team) leaving our struggles at the foot of the cross and walking away to Peer Ministry has had a suclet go and let God. We ultimately cessful final semester of the remember Jesus' sacrifice on the 2024-2025 school year, leading meaningful initiatives that cross and the immense pain He endured out of love for us, with strengthened our school's faith the Stations of the Cross servcommunity and encouraged ing as a powerful reminder of acts of service and reflection. His suffering. Each station re-We commenced the Second Seflects a significant moment of mester by preparing our hearts Super Sophia Project His Passion, allowing us to walk and minds to draw closer to with Him in His final journey. God through an Ash Wednesday This contemplation deepens our Prayer Service and application understanding of His love and of blessed Ashes to all staff and prepares our hearts for the hope students. The Sombre Lenten and renewal that Easter brings. Season began on Wednesday, On Tuesday, May 6th, the school March 5th, 2025, and ended gathered with Fr. Augusto Meon Thursday, April 17th, 2025. From March 22 to April 8, donichelli to celebrate Easter and the resurrection of Jesus Christ. nations from the St. Elizabeth In his homily, he mentioned how community allowed us to fill we are the church and Jesus died over 100 boxes! Your donations for the people of his church. Consurpassed our goal and helped us necting to the Gospel of John support the Super Sophia Proj-10, he explained that God is the ect in a truly meaningful way! It shepherd and we are the sheep was an amazing way to celebrate who follow him. Instead of be-Easter, kick off Holy Week, and ing alone like an eagle, we are practice Almsgiving. You not called to be like a flock of sheep Ordinandi Youth Event only contributed to recognizing who are stronger together. Lastly, the needs of others, but you also we need to believe in ourselves, helped inspire hope for many but more than that, we need to children in the hospital this Easbelieve in God who gives us the ter Season! Your compassion has strength, health and power to be made a lasting impact, remindwho we are. The treasure boxes ing us all of the power of love in from the Stations of the Cross litaction and the true spirit of the urgy during Lent were used as an season. Your kindness has truly offering to God at the Mass. This made a difference, and together, serves as a great reminder that we we have shown the strength of need to lean on God for strength our community. As we move forto let go of our struggles. We will ward, let's continue to keep those gather once more in June to have in need in our hearts and prayers. our End of Year and Grad Mass. Thank you once again for your in-The Chaplaincy team is looking credible contributions—may we forward to coming together for a all carry this spirit of compassion Easter Mass final time for this academic year and service with us. God bless! to bless the staff and students and On March 18th, Peer Minissay goodbye to our grade 12s. ters, along with our Chaplain, For Catholic Education Week THE LIVING ROSARY Mrs. Sangermano and Ms. Casifrom May 5-9, Peer Ministers ran nelli, joined over 900 youth a variety of activities to celebrate from school boards across the the values of Catholic Education Archdiocese to honour those and fundraise for ShareLife. We embarking on the religious vosold Candy Grams all 3 lunches cation of priesthood. Together, from Tuesday to Friday and dewe spent time praying, minlivered them to the homerooms gling, and reflecting. It was an of the students. There was also inspirational faith journey filled with witness testimonies and in-Kahoot to raise awareness on ShareLife and encourage students spiration. His Eminence, Frank to reflect on Catholic teachings Cardinal Leo, reminded us of in a fun and interactive way. We the 3 S: Sainthood, Sacraments, also offered faith-based colouring and Service as being the pathsheets at lunch, giving students a way to answering God's call.

On Tuesday and Thursday of

Holy Week, during periods 1, 2

and 4, Peer Ministers and Ms.

Sangermano held a Stations of

the Cross Liturgy in the Chapel.

Together, we journeyed through

scripture, images, music and

journal prompts to reflect and

journey through what Jesus' final

days looked like. After each sta-

tion, we gave the students time

to reflect and answer a journal

prompt while listening to con-

templative music. At the end of

all the Stations, we did an activity that consisted of each stu-

chance to connect with their faith through creativity. These events

highlighted the values of faith,

service, and community that

shape our Catholic education. We

ended Catholic Education Week

with a Living Rosary Prayer

Service in the Chapel led by our

Chaplain, Mrs. Sangermano and

Peer Ministers. We are #Panther-

Proud to be part of a Catholic

school where events like these

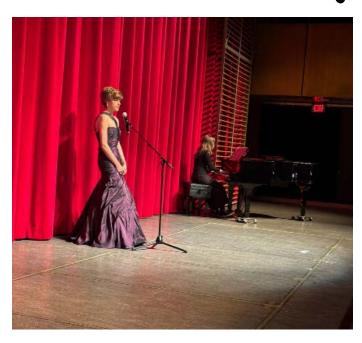
allow us to live out our faith,

build community, and support

important causes like ShareLife.



# A Variety of Talent













Camryn Bland

On May 23rd, the St. Elizabeth Student Council, (SAC), hosted an amazing Variety Night, a two hour show filled with a diversity of breathtaking talents. For only \$8.00, staff, students, family, and friends had the opportunity to see St. Elizabeth students perform their talents. The show was a great way for students to express themselves, showcase their abilities, and, of course, have a great time while doing it. This included many

dances, band performances, vocal solos, and one show-case of flower stick juggling!

As you can imagine, such a successful night took lots of hard work. While the performers were spending countless hours perfecting their acts, the student council was also hard at work with organizational tasks. The SAC members spent their after-school time coming up with advertising ideas, recording promotion videos, watching auditions, and much more. For two weeks straight,

you could find Student Council members advertising and selling tickets outside of the cafeteria during their lunches. These are just some of the commitments the SAC members were willing to make to put on a fun and successful show.

In the end, the hard work of both the performers and Council members paid off. The final product was a beautiful, spectacular show, each act as impressive as the last. Serena Sweeney, the SAC president, says "Variety Night is always such a special event, not just for the school, but for the Student Council. It is amazing to be able to offer an opportunity to the student body to share their talents! I am so happy to continue this tradition and loved the opportunity to MC, especially in my last year of high school. I hope Variety Night continues to be a source of great fun and memories for all those who get to enjoy it." Variety Night was a great success, and you can look forward to more fun events!.



# Snow White & the Seven Endings

Camryn Bland

A Storybook Performance Exam- Grade 9/10 RAP Performance "Hello boys and girls, and welcome to Snow White and the Seven Endings!" With these words, the grade 9/10 RAP drama performance exam began, an assignment much larger than most of the students had ever done before. On April 3rd and 4th, the RAP class brought the story of Snow White to life in a new and fun way.

Snow White and the Seven Endings is a one-act children's play, written by Tracy Wells, which follows the journey of 7 unique forest dwellers, as they each tell their own version of the Snow White story. Each scene is a new genre, including classic fairy tales, Shake-spearean magic, spooky mysteries, ballet-inspired dance, and old-fashioned action fighting.

The show was attended by many different elementary schools, which brought their JK-grade 2 classes to participate in the fun. It was very interactive, as the drama students were tasked with incorporating audience participation and teaching dances to the audience. Although the target audience was students in JK-grade 2, it was fun for all ages, students, teachers, friends, and family alike! The show was an hour long, which meant it required lots of

rehearsal. From selecting costumes, rehearsing lines, practicing dances, creating the set, and writing extra moments into the script, time-consuming is one way to describe this assignment!

Practically every day during March, you could find the drama students working hard after school in the theater, attempting to perfect their performance exam.

Even with their hard work, the timeline of the show was extremely stressful; the students only did their first, uninterrupted run through on April 2nd, the day before the first show! Every second of rehearsal was valuable, which could not be wasted. In the end, the hard work paid

off, as the production was a great success for the drama students. Pantea Esfahani, the grade 10 student director for the show, says "the production was much harder than expected, as there were so many sound and light cues."

However, with the help of everyone and with three weeks of hard work, we had three incredible shows." All the drama students are both relieved and sentimental about the end of the production, however they are excited for what will come next for them in drama. If you are interested in seeing the performance, you can go watch a video recording on the St. Elizabeth Catholic High School You Tube channel!











# K I S

# St. Elizabeth Times



Stefani Franco

The 2025 year end RAP dance show will highlight the most iconic pop singers of our generation. Through this show's notorious soundtrack and innovative dance movements, it is an iconic show. The show This is Iconic will occur on June 4th and 5th in the school's theater for a total of four shows. Family, friends, and elementary school students will gather to witness the hard work of our grade nine through twelve students. The first act of the show will begin with four modern dance pieces - one by each grade. The grade twelve modern piece was choreographed by Katherine Semchuk. Months before the RAP dance show, she arrived at St. Elizabeth to choreograph and teach a unique modern piece. This piece will be highlighted within the first act along with pieces choreographed by our grade twelve dance students. The grade twelve choreography pieces were prepared by our ingenious choreographers: Sophia Del-Prete, Emily Leal, Aiva-Jade Marful-Sau, and Alyssa Mobilio. These choreographers have worked tirelessly throughout their four years in the program to gain the skills and technique necessary to prepare these pieces. To conclude the first act, the audience will witness an acro dance filled with thrilling moves and a sorrowful grade twelve goodbye by our graduating students. This entertaining first act will highlight the dancers capabilities and devotion to their art.

The second act will in-

The second act will introduce the pop icon theme. The grade elevens will open the act with a small production that highlights some of the most influential pop icons. This act will bring the audience through the decades as they will encounter their favourite pop songs. The dances prepared by the students will include legendary dance moves which accurately depict several pop stars. Throughout the act, there will be a collaboration with the extremely talented RAP music students, as they play live music for the ballet numbers. The collaborative ballet pieces demonstrate the regional arts programs union. As the second act continues, there will be a hip hop and tap dance that include

all four grades. The audience will hear impactful artists from Amy Whinehouse to Adele. The props, movements, and costumes are pieces that will make the show a "tribute to pop icons." This compelling second act will both shock and engage the audience.

The grade twelve RAP dance students are in charge of running the show for their culminating performance task. They have worked tremendously hard with the help of Ms. Di Millo and Ms. Johnston to create an astonishing show. When asked about their preparation, a grade twelve student said, "Throughout our four years at St. Elizabeth we have participated in the year end show. This year, we get to run it and leave our mark on the school. As a class, we have dedicated months of hard work to make this performance an incredible one. I truly believe that this is a show that people are going to want to see." To support our RAP dance students, learn more about the second act, and witness the magical artform, ensure you buy your ticket to watch the thrilling This is Iconic.















provide forthcoming impact.

past affections.

simple or intricate.

personal history.

key occurrence,

head over and over

mind.

By keeping constant docu-

Based on my motivation

Capturing a moment in a

photograph, jotting down a

adding another drawing to

my sketchbook to reminisce.

Repeating the situation in my

I am certain it is engraved within the confines of my

to write about that piece of

mentation of every memory,

I am the archivist of my own perception, organizing inner files with careful consideration. Marking the remnants of my human experience. A testimony to the person I once

And my job is never

When I was no more than just a silly, naive little girl. With dirty blonde, curly hair and hazel eyes.

"Most people see life in dull blacks and bright whites." Choices are not simply wrong or right,

With every inhale you take and every exhale you give

Harder to see, but once you do it's soft and comfortable,

Grey is the warm blanket that hugs your body on a cold

For it shows those who can see it a different way. It's the grey in storm clouds of black and white,

in the safety of your seat Headphones cover your ears The light on the screen blinds your eyes You look up and your face

A man stands handcuffed His knife stares at you You were never safe You felt better thinking you were an exception You still have to take the bus tomorrow

turns numb

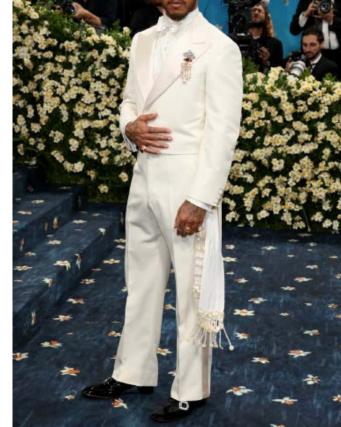
Another story on the news It happened far away Danger is far away It can only be far away You can't stop for danger

The bus is running late You close your eyes A melody starts to play It starts with the scream of It ends with the bus screeching to a halt Step aboard Still scared? It's okay, you will forget it tomorrow

# The MetGala: Superfine: Tailoring Black Style Stefani Franco Each year, on the first Monday in May, the Met Gala occurs. Celebrities walk the Met steps, the nert an exhibition while wearing couture clothing that ac-

curately depicts the year's theme. The Met Gala raises money for the Metropolitan Museum of Arts institute. This year, the Met Gala focused on the theme: Superfine: Tailoring Black Style. This theme draws inspiration from the book Slaves To Fashion: Black Dandyism and The Styling of Black Diasporic Identity. This book speaks about the importance of using fashion as a symbol to speak out about one's individuality and as a form of resistance. Historically, Black people were marginalized and fashion was used as a visual statement to rebel against oppressors. Black dandyism is a form of defiance, power, and union. Tailoring, vibrant colours, and patterns are used to pay homage to Black culture. These themes are found in the exhibition and on red carpet looks.

The co-chairs of this year's Met Gala were Colman Domingo, Lewis Hamilton, A\$AP Rocky, and Pharrell Williams. The all male board helped prepare for this gala alongside Anna Wintour. Each individual has had an immense impact on the year's theme through promotional interviews and historical clothing looks leading up to the carpet. Through their fame and significance, the cochairs are able to bring awareness to the exhibition. Each co-chair was featured on the 2025 May Vogue issue, where they shared their insights on the importance of this year's theme. Lewis Hamilton, a Formula 1 driver, speaks about the significance fashion and this theme have had on his life. When he was growing up, he expressed that he drew fashion inspiration from several individuals including Michael Jordan, Eddie Murphy, and Nelson Mandela. These inspirations took pride in their appearances and taught Hamilton the importance of self expression through clothing. Hamilton believes that self expression is attributed to Black culture. When Hamilton wears a piece of clothing it is a deliberate representation of underrepresented voices. In his vogue article, he speaks of the importance of fashion and identity: "Look, I want to turn up to the track in what I want to wear.



I'm here now---you can't get rid of me or change the way I dress."

Teyana Taylor entered the carpet with a couture look by Marc Jacobs and Ruth E. Carter, an American costume designer. Her look combined sharp tailoring and colour to create a bold look that highlighted Black identity. Gigi Hadid wore a gold custom Miu Miu gown. Gigi Hadid's dress was inspired by a dress worn by Josephine Baker, the first Black actress to star in a major motion picture. Additionally, Hadid's look paid homage to Zelda Wynn Valdes. Zelda was a Black fashion designer in the 1940s who took techniques from male fashion and used them to create womenswear. Both Taylor and Hadid wore outfits which brought awareness to Black identity. This Met Gala theme brings awareness to Black culture and the impact it has had on fashion. The Vogue website and May 2025 issue shed light on the significance of this theme. Overall, the tailored innovative looks on the carpet are a representation of Black dandyism.











Name: Michael Mansell Position: Financial Advisor → Media & Film Star sign: Gemini Alma: Western '04, Sheridan '11, York '13, Nipissing '14

What made you want to become a teacher?

I've always had a passion for teaching, but life initially led me into finance. Then, one day, a local high school contacted our financial division, asking for someone to run a financial literacy workshop. My manager at the time asked me to take it on. Five minutes into that presentation, I realized that teaching was truly where I belonged.

Who are your role models?

I believe everyone has something to offer in terms of inspiration and motivation. Sometimes you can learn the most significant life lessons from the most unsuspecting people.

What are some of your hobbies?

Making Homemade Pizza, Health, Laughing and Movies!

What is something you can't live without?

Chocolate

What was your most embarrassing moment?

Let's say it involves a 20 foot high muddy snowbank, white khaki pants and a Psychology exam.

A unique feature or talent you have?

Some would say I'm a world-class whistler.

If you could be a superhero, who would you be?

Superman

Worst fear?

I try not to worry about fears... just live life.

What do you like about St. E.?

Our students are truly exceptional. Polite, respectful and everyone brings their best. It's an honour to be part of this school community.

Future aspirations?

To open an ice cream stand on a beach.

What is your advice to students? Look for balance in life!

It's a real gift to be totally immersed in a passion, but you will appreciate it and excel more when you explore and bring other interests into the mix.

Favourites:

Movie: Raiders of the Lost Ark

TV show: Survivor

Book: Giant Dance Party

Quote: "It's not the years, it's the mileage."- Indiana

Name: Alexander Riga Position: Health & Physical Education

Star sign : Aquarius Alma: York University

What made you want to become a teacher?

Growing up I had some pretty incredible teachers, especially my grade 8 year. They were very good at their job and quite funny. I loved the idea of helping others and thought teaching would be a great pathway of doing so.

Who are your role models?

I have some pretty incredible family members who constantly make me want to be the best version of myself.

What are some of your hobbies?

I grew up quite active, so playing sports or moving around in general is how I like to spend my time. I also love my music! I spend the majority of my days listening to my favourite playlists.

What is something you can't live without?

Coffee and Sarcasm

What was your most embarrassing moment?

I've had too many.

A unique feature or talent you have?

I would say my organizational skills!

If you could be a superhero, who would you be?

Spiderman! I am pretty sure I developed Spidey-senses being a teacher

Worst fear?

Mice. Being trapped in a room with Mice.

What do you like about St. E.?

What's not to like about St.E? The Staff and Students are amazing here, proud to be a Panther!

Future aspirations?

To have time to run volunteer community fitness programs. I believe in educating people on the importance of fitness and integrating it into our daily lives, showing them it can be fun and easy.

What is your advice to students?

Focus on your studies, there will be time for everything else after!

Favourites:

Movie

Fast and the Furious (all 20 of them)

TV show

Criminal Minds

Book

The Sixth Man - Andre Iguodala

)uote

"Sometimes you win, sometimes you learn."
John C. Maxwell



Name: Maria Frade Position: Religion Star Sign: Sagittarius Alma: University of Toronto

What made you want to become a teacher? There isn't just one reason. I've always had a strong passion for teaching and working with children. I was inspired by teachers who had a big impact on me and helped me discover my calling. At first, I thought about becoming a doctor, but I quickly realized I couldn't handle the sight of blood. That's when I decided to follow a different path. I chose teaching not only because I love helping young minds grow, but also because I want to make a difference. Teaching with compassion and service has been a very rewarding journey.

Who are your role models? My mom, my daughter and my friends from the project confidence and they are)

What are some of your hobbies? Reading, gardening, Pickleball and Pilates

What is something you can't live without? Books

What was your most embarrassing moment? I've had plenty of awkward moments, but one particularly stands out because evidence of it was everywhere. During a staff appreciation breakfast, I tried to pour myself some coffee, and the lever on the urn got is on my bucket list. stuck. Coffee started spilling everywhere on the floor, all over me and people beside me. And of course, my principal was standing right next to me! Looking back, all you can do is laugh and share the story.

A unique feature or talent you have? I am often described by friends and family as having a calming presence. I strive to be an attentive listener, a quality I value deeply.

If you could be a superhero, who would you be?

Wonder Woman has always been my favourite superhero, largely because of what she represents—strength, justice, and compassion. I find it empowering to see strong female figures portrayed with such integrity and resilience. I've also heard that adopting the "Wonder Woman pose" can be a powerful way to myself doing from time to time. I also like her lasso of truth. I could use one of those.

Worst fear? Heights

What do you like about St. E.? The teachers and students

Future aspirations? I aspire to travel to as many countries as possible, as I believe it's essential to experience diverse cultures. Also, after visiting Santiago de Compostela, I want to do the full walk on the Camino. I heard that it takes 6 weeks. That

What is your advice to students?

"Be curious, not judgmental" (Ted Lasso)

Favourites:

Movie; Shawshank Redemption

TV show; Ted Lasso

Book: I can't decide. Choosing a favourite book is like choosing a favourite child. At this moment, I feel drawn to revisit The Alchemist, a book that profoundly impacted me 20 years ago. I've sensed the pull to reread it at this stage of my life. Other books that have had a similar influence on me include Tuesdays with Morrie, Man Searching for Meaning, The Little Prince, The Midnight Library, The Red Tent, and A Thousand Splendid Suns (told you I can't decide).

Quote:" I've learned that people will forget what you said, people will forget what you did, but people will never forget how you made them feel" - Maya Angelou



Name:Maddalena Rotondo Position: English Star Sign: Libra Alma: University of Toronto

What made you want to become a teacher?

I wanted to be a teacher. No, honestly it was because I love the rapport between students and teachers. I hope that through my rants I can invoke change.

Who are your role models?

Jesus is my role model because he humbled himself for humanity and I hope to aspire to such humility.

What are some of your hobbies?

Art-painting, drawing and doodling.



This painting was part of the: AGO-Portraits of Resilience Exibiton

What is something you can't live without?

A double espresso!

What was your most embarrassing moment?

I handed out content questions for The Great Gatsby and one of the questions should have read, "What is the significance of the green light at the end of the dock"? Unfortunately, I missed an error while proofreading and "dock" was not "dock". I will let your imagination fill in the blank. Needless to say they laughed and I still laugh when I think about this.

A unique feature or talent you have?

My thick sarcasm or wit depending on how you look at it.

If you could be a superhero, who would you be?

Spider- man

Worst fear?

My worst fear is being asked, "what is your worst fear"? Perhaps my worst fear is not living life to the fullest.

What do you like about St. E.?

I love that this school is so alive. There is always something going on and there is great involvement by both the students and the teachers.

Future aspirations?

To sing Madonna's, "Like a Prayer" in front of a large audi-

What is your advice to students?

Wisely and slow; they stumble that run fast.

Favourites:

Movie Raiders of the Lost Ark(my son's name is Indiana)

TV shows Seinfeld

Book To Kill a Mockingbird by Harper

It is a sin to kill a mockingbird.--Harper Lee

# Grade 9s serve excitement at Intramural Volleyball Tournament



Isabella Carmen Rivera

St. Elizabeth has a lively school community with engaging special events throughout the year. On April 17th, 23rd, and 29th, Mr. Layne and the Grade 12 leadership students decided to host a new event; The Gr. 9 Intramural Volleyball Tournament. With this event, the Grade 12s were able to improve their leadership skills as well as allow the Grade 9s to enjoy themselves while playing volleyball. This tournament also helped fundraise for the playground the SHSM construction students are

planning to build. With so many Grade 9s showing a strong interest in volleyball this year, it was beyond a doubt to host this event.

The Intramural Volleyball Tournament took place over three days during the second period in Gyms A and B, with four teams competing in fast-paced, 15-minute intervals. On day one, team 4 played against team 1, and team 2 against team 3, with teams 1 and 3 emerging victorious. As the tournament progressed, the Grade 9s grew more connected, demonstrating exceptional teamwork and enthusiasm. Day two saw team 3 defeat team 1, while

team 4 triumphed over team 2, setting the stage for an intense final match between teams 3 and 4. The championship match was filled with momentum and fierce competition. At halftime, team 4 held a narrow lead, but in the last stretch, team 3 persevered, securing victory with a score of 42-39.

Overall, team 3 claimed first place, followed by team 4 in second, team 1 in third, and team 2 in fourth. The tournament was exciting and brought Grade 9s closer as they bonded over their love for volleyball. It also helped Grade 12s in the leadership course build confidence and take initiative in

organizing the event. The Grade 9s had a great time playing, and with its success this year, may the event continue in the future.







# Track & Field in full Swing









Sophia Travolo

With spring in full swing, the St. Elizabeth Track and Field Team has returned to the competitive circuit with focus, discipline, and no shortage of talent. This season marks another chapter in the team's growing legacy—one built on dedication, personal growth, and a strong sense of school spirit.

The season began with the Indoor Meet at York University on April 4th, where athletes had the opportunity to test their training against strong regional competition. The event served as a valuable starting point, setting the tone for what promises to be a rewarding season ahead.

The momentum carried into the Bill Crothers Invitational Meet on May 7th, where the team delivered standout performances. Jaydeen Redhead earned a 6th-place finish in the Senior Girls 100 Meter Dash, running an impressive time of 12.57 seconds, showcasing both speed and composure under pressure. On the field, Matthew Giorgio secured 13th place in the Senior Boys Shot Put, demonstrating strength and technical skill that reflect hours of focused preparation and practice.

More meets are on the horizon, and the team is fired up. With events coming up throughout May and the YRAA Championships just around the corner, there's still plenty of room for more medals, memories, and personal victories. Track and field is a sport that challenges the body and mind equally—it demands not only physical endurance and strength, but also mental resilience, strategic thinking, and the ability to perform under pressure. From sprinters and throwers to long-distance runners and jumpers, each athlete plays a crucial role in the team's overall success.

Behind it all is Ms. Buzdon, whose guidance, encouragement, and experience continue to drive the team forward. Her commitment to her athletes—both on and off the track—creates an environment where students feel supported, motivated, and inspired to reach their potential.

As more meets approach and the championship season draws nearer, the St. Elizabeth Track and Field Team remains focused and determined. With strong leadership, a committed group of athletes, and a passion for excellence, they are well-positioned for continued success. Stay tuned—this is a team worth watching!



# 10 Days, 3 Countries, 1 Unforgetable Trip







Kaaren Aryaan

It was early morning when our flight had landed in beautiful Zurich. After a long flight, we had finally reached our destination and we were all excited about where this journey would take us. After getting our stuff, we met our tour guide, Lidija. She was really sweet and made us feel at home. We put our luggage on the bus and started to go to Zurich city centre to hang around for a little bit and experience Switzerland's most populated city. Although it wasn't in our plan, it was really fun and some of us went to a church, climbed the church stairs for the view—others just pretended they weren't dying halfway up. Lake Zurich was really beautiful and the water was really clean. We sat there for a while and got into the bus to go to our first destination, Lucerne. A beautiful city near the Swiss Alps with its Lion Monument and Chapel

Bridge, which is one of the oldest in Europe. On the night we had a traditional fondue dinner, which was amazing and new to most of us. On the second day, we take on the Swiss Alps and explore the beautiful Swiss through its farms and

Swiss Alps and explore the beautiful Swiss through its farms and mountains. The scenery was stunning, glamming lights all over with a chilly wind. Seeing the Alps up close felt like a painting had come to life. After some time, we came down and explored the city, places like the Lion Monument and the bridge.

On the third, we headed off to Italy. Our first stop in Italy was Como, a beautiful city surrounded by Alps and lakes. We got off the bus and headed to explore the city on our own. We had one of the most delicious pizzas and gelatos and Italy was already off to a great start. When we arrived in Como, it was fully packed because they had a soccer match against Venezia which is usually an intense game. After some time, we headed on into our second destination, Venice. We arrived at our beautiful hotel in Padua, which was a city near Venice. When we arrived at night, before going for dinner we went to a church. It was so quiet, it felt like time had slowed down for a second.

On the fourth, we headed to the floating city of Italy, "Venice". After a short bus tour with our great bus driver Mimo, we arrived at the port. Shout out to Mimo, who somehow kept smiling even when we were all singing badly in the







back. We got on the boat and first visited Burano, an island near Venice. We went to a workshop there that showed us how they make glasses and at the end we had some time to buy from their store. Then we went back to the boat and reached Venice, where we got on gondolas with our friends where we saw Venice the best. There were some people on gondolas playing music which made the experience way better. Afterwards, we went back to the hotel and got ready to move to our next destination. After a great breakfast in the hotel, we got ready with our cappuccinos in our hands to go to Florence, city of flowers. The city was filled with beautiful sculptures and buildings from the Renaissance era, which was really interesting. We stopped by a local market where a few of us were brave enough to try liver. We explored the city, went to its famous bridge "the Ponte Vecchio" and at the end of the day we went to Piazzale Michelangelo to see the city from above with the view of its famous church, Cattedrale di Santa Maria del Fiore. People there were really friendly and very lively. Lidjia told us that Italians don't really do breakfast like we do. Just a cappuccino and a croissant, and honestly, it kind of grew on us. On our way to our final destination, we stopped in a beautiful small city called Assisi. It had rolling green hills dotted with olive groves and cypress trees. We visited the Basilica of San Francesco, which had an interesting early Gothic architecture. After getting our olive oils from Assisi, we went to the capital of Italia, "Roma". We

got to our hotels and after a day of commuting we could finally rest. Early in the morning we headed to the Colosseum where the gladiators used to put on a show. Our tour guide told us a lot of interesting facts about the history of the Colosseum. After some time there, we went to the Roman Forum, which was the main city attraction from the 7th century BCE and continuing until the 6th century CE. Then we went to Trevi Fountain to toss a coin. Some of us tossed a coin into the water to ensure a return to Rome and some of us tossed two coins to find their love. After an evening in Rome, we visited the smallest state in the world "Vatican City". This year is the Jubilee year and the holy doors were open. We got crosses for our loved ones with blessings and went to St. Peter's Basilica to pray to God. It was a really touching moment for everyone. While there, we came across an interesting fact that the Pope and the Vatican City have been protected by the Swiss Guards for more than 500 years. We ended our trip by having one last gelato in the Bella Roma and the next morning we got on the bus to go to the airport. Arrivederci Roma.





LEFT TO RIGHT: LAYOUT & EDITING:MS.
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NATALIE MALLIA, SOPHIA ARGO, FRONT
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# PANTHER PROUD