

Don't **DIS** my **ABILITIES!**



October is Learning Disabilities Awareness Month.
Help stop the stigma and realize the **ABILITIES!**



**ldayr • Learning Disabilities
Association of York Region**

The right to learn, the power to achieve



**United Way
Toronto & York Region**

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Learning Disabilities Association of York Region Celebrates LD Month – October 2017 –

“Don’t DIS my ABILITIES”

Throughout October the Learning Disabilities Associations of York Region will be celebrating LD Awareness month. LDA-YR will be raising awareness and reducing stigma to allow individuals to get the supports they need to reach their potential.

“People too often define the life of someone living with Learning Disabilities by the areas where they need support such as math, reading, writing or organizational skills. Too often other negative labels follow Dumb, Lazy or Disruptive. Nothing could be further from the truth” says: Lawrence Barns President and CEO of LDA-Ontario “The goal of this campaign is for people to see the areas of strength and abilities which often get overlooked.”

The Stats:

- **1 In 10 people in Ontario are impacted.**
- **35% of students with LDs drop out of school.**
- **62% of students with LDs will be unemployed a year after graduation.**
- **36% of youth in correctional facilities have specific learning disabilities.**
- **Almost 50% of adolescent suicides have a diagnosis of an LD. (Source LDAC Pacfold survey)**

Together we can change this!

However if society helps them to succeed, all of the above statistics can be radically altered, leading to successful lives that can impact our communities for the better and people with learning disabilities can become among the most creative, and productive members of our communities.

About the Campaign:

The greatest hurdle a person with an LD often had to overcome is the stigma and public perception, labelled lazy, stupid or incompetent they begin to hide their disability and instead struggle in silence. Yet with their strengths and above average intelligence some simple support can see them excel in their chosen field. Our hope is to see Ontario as the leader in destroying the barriers stigma creates.

About Us:

The Learning Disabilities Associations are registered charities dedicated to improving the lives of children, youth and adults with learning disabilities. Through the local chapter, the Learning Disabilities Association of York Region provides programs and services to the public.

Our Mission:

LDA-YR's mission is to provide leadership in learning disabilities advocacy, research, education and services and to advance the full participation of children, youth and adults with learning disabilities in today's society. We value promoting positive change through:

- Innovation
- Strategic partnerships
- Credible advocacy
- Informed public policy and
- Quality products and services

LDA York Region:

Programs & services offered throughout the Region:

- Adult Support Group
- Advocacy
- Educational Services/ Workshops & Community Outreach
- Employment Preparation Program
- Job-Fit Program
- Library Resource Centre
- Parent Support Groups/Seminars & Sessions
- Resource Facilitating
- SOAR Mindful Transitions Programs
- Strategies for Life Workshop Series
- Young Adult Forum
- Social Skills Program and Summer Camp
- Tutoring Services for Ages 5 to 13
- Volunteer Opportunities

More about Learning Disabilities:

- By definition someone with LDs has average to above average intelligence
- LDs impact certain skills, most of which can be improved with the right supports.
- Because LDs usually exhibit in the school system, those with LDs can be identified early in life, and early intervention improves confidence.
- When they don't receive appropriate support, individuals with LDs have higher than the average rates of school dropout, unemployment and poverty.
- LDs can be inherited and many parents are now finding they are have been impacted in their lives as their children are diagnosed.



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Celebrating 41 Years in York Region

Dyslexia: Difficulties with oral and/or written language, i.e., listening, speaking, reading, and writing.

Dysgraphia: Difficulties with writing legibly with age-appropriate speed, and with written expression

Dyscalculia: Difficulties with basic math skills, calculating, and math problem-solving

Executive Function: A set of mental processes that helps connect past experience with present action. People use it to perform activities such as planning, organizing, strategizing, paying attention to and remembering details, and managing time and space.

For Further Information Contact:

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